



MAHARAJA AGRASEN COLLEGE
University of Delhi
VASUNDHARA ENCLAVE, DELHI-110096

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Curriculum Vitae of Faculty Members

First Name	MUKESH	Last Name	AGARWAL		
Designation	Assistant Professor	Department	Physical Education		
Date of Birth	30/04/1975	Date of Joining	14/10/2003		
Residential Address (Optional)					
Contact No	9899155480	Alternate Contact No			
Email Id	mukeshkr_agarwal@yahoo.co.in				
Education					
Subject	Institution	Year	Details		
LL.B.	MMH College	2011	Law		
Ph.D	NAS PG College (CCS University)	2009	Meditational effects		
Masters	IGIPSS	2001	MPES		
Diploma	IGIPSS	1999	PGDPEd		
Masters	Ramjas	1997	M.Sc.		
Graduation	Ramjas	1995	B.Sc.		
NDDY Certificate course in Astrology	IFNHY Delhi Sanskrit Academy	1999 2000	Naturopathy & Yoga Astrology		
Career Profile (in reverse chronological order)					
Organization/ Institution	Post Held	Department	Adhoc/Temp/ Permanent	From	To
Maharaja Agrasen College	Assistant Professor	Physical Education	Permanent	2013	Till date

Delhi University Sports Council	Assistant Professor & Jt. Secy	Sports	Deputation	2011	2013
Maharaja Agrasen College	Assistant Professor	Physical Education	Permanent	2003	2011

Administrative Assignments if any (kindly mention only statutory posts)

Worked as Joint Secretary in Delhi University Sports Council on deputation.

Research Guidance

1. Supervision of awarded Doctoral Thesis (no.)
2. Supervision of Doctoral Thesis, under progress (no.) 1
3. Supervision of awarded M.Phil dissertations (no.)
4. Supervision of M.Phil dissertations, under progress (no.)

Details of Published Research Papers, Books, Monographs, Reviews, Chapter in Books, Translations and Creative Positons held

Year of Publication	Title	ISBN No	Paper / Book / Article	Publisher	Author / Co-Author
	AEROBICS: FITNESS & STYLE”	ISBN 978-81- 7216- 459-1	Book	Friends Publications	Author
	“POSTURE, ATHLETIC CARE AND FIRST AID”	ISBN 978-93- 83914- 89-0	Book	Khel Sahitya Kendra	Co-author
	“FITNESS, WELLNESS AND NUTRITION”	ISBN 978-9- 38391- 490-6	Book	Khel Sahitya Kendra	Co-author

	“INTRODUCTION TO PHYSICAL EDUCATION IN THE CONTEMPORARY CONTEXT”	ISBN 975-51-7524-994-3	Book	Khel Sahitya Kendra	Author
	“HEALTH EDUCATION, ANATOMY and PHYSIOLOGY”	ISBN 978-81-7524-957-8	Book	Khel Sahitya Kendra	Co-author
	“Socio economics of Athletes”	ISSN 0975-8690	Journal	The Eternity	Author
	“Meditation enhances Academic performance”	ISSN 0974-9012	Journal	Indian journal of social enquiry Vol. 1, No. 4.	Author
	“SWOT and PEST analysis of sports model of Indian Cricket”	ISSN 2277-8519	Journal	The Capital	Co-author
	“Tourism as a leisure in India”	ISSN 2250-3412	Journal	The Discussan	Co-author
	“Swachh Bharat Abhiyan: An opportunity for the Entrepreneurs”	ISSN (online) 2250-0758	Journal	International Journal of Engineering and Management Research, Vol-6, Issue-3	Co-author
Participation in conferences, seminars, workshops, refreshers, orientation courses attended, summer institutes etc.					
State/National International	Title	Organization		Period	
International	100 th International Conference on Management,	ICMESS in Perth, Australia		5-6 December, 2017	

	Economics & Social Science		
International	Sixth International Conference on Health, Wellness and Society	Catholic University of America, Washington DC, USA	20-21 October, 2016
International	IV International Seminar for Physical Education Teachers	Sudtiroler Sportforum Mals, Italy	20-26 July, 2013
International	IIIrd International Conference on "Sports and Society"	Cambridge University, Cambridge, U.K.	23-25 July, 2012
International	9 th International Session for Educators and Officials of higher Institutes of Physical Education	International Olympic Academy, Ancient Olympia, Athens (Greece)	1-6 June 2011
International	8 th International Seminar for Physical Education Teachers	Sports Institute of Finland, Vierumaki, Finland	1-6 August, 2010
Research Projects (Major Grants/Research Collaboration)			
Project Investigator	Awards and Distinctions	Association with Professional Bodies	
	<p>Distt. Runner-up Bolt Award for Teachers organized by Dainik Jagran and Air India.</p> <p>I "Ambassador for Peace" award from Universal Peace Federation.</p> <p>I Best Sportsman of the year award of Ramjas College in 1995-96.</p> <p>I Best Cultural Organizer Award of Ramjas College in 1993-94.</p> <p>I Best Rangolist Award of Ramjas College in 1995-96.</p>		

Public Service/University Service/Consulting Activity

Two years experience as Lecturer - Naturopathy & Yoga in International Foundaton of Natural Health & Yoga, Lajpat Bhawan, New Delhi.

! Organised International Conference on "Sports Economics and Vision of London Olympics 2012" in University of Delhi.

! Organised UGC sponsored National Seminar on "Corporate Social Responsibility: Sports, Olympism & Global Peace".

! Organised Two National Seminar on "Recent Researches in Physical Education & Sports" among which one is UGC Sponsored.

! Organised one week workshop on "Fitness through wellness and behavioral adjustment" in Maharaja Agrasen college in 2015.

! Organised International Day of Yoga in collaboration with Nehru Yuva Kendra Sangthan, Ministry of Youth Affairs in accordance with the AYUSH protocol in Maharaja Agrasen college in 2016.

! Organised a preparatory workshop on "Sports for peace" in association with Universal Peace Federation.

! One year experience as Chief Doctor in Kaya Kalp Nature Cure Clinic, Hari Nagar, New Delhi.

! One year experience as Trainee Doctor in Daulat Ram Nature Cure Hospital, Karol Bagh, New Delhi.

! Two years experience as Psycho Health and Fitness Councilor on the panel of Delhi University Researchers' Association.

! Worked as Course Convener of three months certificate course in 'Sports Management' organized by Department of Adult Continuing Education and Extension, University of Delhi.

! Worked as Guest faculty of three months certificate course in 'Physical fitness and sports medicine' organized by Department of Adult Continuing Education and Extension, University of Delhi.

! Organized a certificate course of Aerobics in Maharaja Agrasen College in collaboration with Department of Adult Continuing Education and Extension, University of Delhi.

! Participated in workshop, orientation & refresher courses organized by reputed organizations.

! Organizing Committee member and Chair the session in International Conference on Olympics and Indian Values in Global Context organized by Kirori Mal College, University of Delhi in collaboration with Ministry of Youth affairs & Sports from 25-27 September 2018.

! Worked as Volunteer Doctor in several Charitable Camps.

! Worked as Liaison Officer in Afro-Asian Games Council.

! Worked as Technical Official in World Cup Hockey Championship, New Delhi, India.

- ! Worked as Technical Official in XXIX Commonwealth Archery Championship, New Delhi, India.
- ! Worked as Official in Invitational International Test Event of Archery.
- ! Worked as Official in Asian Archery Championship.
- ! Worked as Official in Asian Korfball Championship.
- ! Worked as Referee in Senior National Korfball Championship, Jaipur, India.
- ! Worked as Manager, Delhi University Korfball team which secured Runners up position in All India Inter University Korfball Championship.
- ! Worked as Co-convener for organizing All India Inter University Baseball (M & W) Championship.
- ! Worked as Co-convener for organizing North Zone Inter University Football Championship.
- ! Three year experience as Coach of Delhi State Korfball Team.

Professional Societies Memberships

Executive Member, Delhi Archery Association.

! President, Sports Promotion and Academic Association

! Secretary General, Indian Leisure and Recreation Organization

! General Secretary, The Korfball Foundation, Delhi

! Member, Editorial Board of European Journal of Physical Education and Sports Sciences

Projects /Collaborations

Title of the Project	Major/Minor	Funding Agency	Status	Level (International, National, State, University, College)
"A Study on the	Major	Delhi	Completed	University

impact of Surya Namaskar on the physiological, psychological and socio-political parameters on youth in universities at different altitudes.		University		
"A Study on the co-relation between Body Mass Index and Body Fat Percentage on the athletes of Indian Universities".	Minor	Delhi University	Completed	University
"Study on Relevant Effect of Aeroyoga on Physiological Parameter of Youth".	Major	UGC	Completed	National
"A Study of the modern life style obstacles of youth in metro cities of India	Major	RGNIYD (Ministry of Youth Affair)	Completed	National
'Psychological profile and performance sustainability with omission of inequality of Indian athletes: An analytical study".	Major	Ministry of Sports	Completed	National

I certify that the information given above is correct and factual to the best of my knowledge.

Date: 24-07-2020

Signature _____ sd/- _____